

Be Smart. Buy Smart.

# Your 2014

# Buyer's Guide

Employee Represented by Local 127, Local 197, Local 659 and BCC Union



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# Using Your Buyer's Guide

It's that time of year again—your once-a-year opportunity to carefully review the health benefits offered by PacifiCorp.

Use the information in this guide to help you make an educated decision about the 2014 health coverage that will best suit the needs of you and your family.

The guide summarizes key plan features, asks questions to help you think through the issues, offers advice as you review your choices, and helps you determine a good balance between your paycheck contributions and your out-of-pocket costs.

#### **Print Your Confirmation Statement Online**

When you're finished enrolling, print out a confirmation of your enrollment choices from Benefits Online! for your records. You can also view your enrollment choices at any time through the employee self-service screen on the PacifiCorp intranet. (You will not receive a printed confirmation statement after open enrollment closes, unless you are on a leave of absence during open enrollment or you are a mining employee.)

#### **Availability of Summary Health Information**

As an employee, the health benefits available to you represent a significant component of your compensation package. They also provide important protection for you and your family in the case of illness or injury. Your plan offers a series of health coverage options. Choosing a health coverage option is an important decision. To help you make an informed choice, your plan makes available a Summary of Benefits and Coverage (SBC), which summarizes important information about any health coverage option in a standard format, to help you compare across options.

The SBC is available on the intranet at HR Center > Your Benefits > Benefits Changes and Enrollment > 2014 Open Enrollment Materials. A paper copy is also available, free of charge, by calling PacifiCorp's Employee Benefits Department at 1-800-455-6363.

### **Summary Plan Descriptions (SPD)**

You also have access to the 2013 SPDs on the company intranet at HR Center>Your Benefits>Summary Plan Descriptions.

# **Enrolling for 2014**

Your enrollment period is November 4 - November 15, 2013. You can enroll and make changes to your choices anytime during this period. Your choices on file on November 15, 2013, at midnight, Pacific Time, will be final.

You must enroll online from your work location.\* You will not be able to make your 2014 benefit elections from your home computer. See below how to enroll online at a company computer.

\*Mine site employees have the option to complete and submit a paper enrollment form.



### How to Enroll Online

- 1. **Prepare.** Review the information in the Health Plan Decision Toolkit at <a href="www.pacificorphealthtools.com">www.pacificorphealthtools.com</a> to see what's changing and how the plans work, and to compare the cost and coverage of each health plan available to you.
- 2. **Log On.** Once you've made your benefit choices, go to any company computer with access to the PacifiCorp intranet. (You can enroll only from a PacifiCorp work location.) You'll need your SAP password to enroll.

#### If you have USED SAP:

- From the PacifiCorp intranet, click on HR Center > Your Benefits > Benefits Changes and Enrollment > Benefits Online!
- Enter your user ID (for example, P00234, P01234, P98787) and password.
- Begin enrolling on Benefits Online!

#### If you have NEVER logged on to SAP:

- Call the Technology Resource Center at 503-813-5555 or 801-220-5555 and select "2."
- Enter your employee ID (for example, P00234, P01234, P98787).
- Select "1" for password reset.
- Once you get your temporary password, log on to Benefits Online! from any computer with PacifiCorp intranet access. Click on HR Center > Your Benefits > Benefits Changes and Enrollment > Benefits Online!
- Enter your user ID (for example, P00234, P01234, P98787).
- Enter your temporary password and follow the prompts to create a new password.

#### Your new password:

- Cannot have been previously used.
- Cannot contain any portion of your name or "P" number.
- Must be exactly 8 characters, including at least one number, at least two alphabetical characters, and one special character (@, #, \$, %, etc.).
- Do not use a backslash (\) or caret symbol (^) as a special character.
- Begin enrolling on Benefits Online!
- 3. **Enroll.** Once you've signed in, click the Login button to begin online enrollment. Once you start enrolling on Benefits Online!, you must finish the process completely; otherwise, the elections you make will not be saved and you will need to re-enter your benefit elections. You can make changes anytime during the enrollment period; however, you will need to re-enroll completely.
- 4. **Confirm.** When you've finished enrolling, review the summary of your benefit elections and print a copy for your records. You will not receive a printed confirmation statement in the mail after enrollment.



### **Enrollment Tips**

- Need to set up your password, or have you forgotten it? Having trouble accessing SAP? Call the Technology Resource Center at 503-813-5555 or 801-220-5555 and select "2."
- To add a new dependent, you must enroll yourself, unless you are enrolling an adult child. Add your dependent before making your own elections. You'll need the birth date and Social Security number for each new dependent. You must submit documentation validating your dependent's eligibility for coverage. For more information, see Your 2014 Benefits Buyer's Guide at www.pacificorphealthtools.com.
- Enroll when you won't be interrupted. The system will time out after several minutes of inactivity. If this happens, your elections won't be saved.
- If you don't enroll during open enrollment, you will not be able to make any changes to your benefits in 2014 unless you have a qualified status change, such as your marriage or divorce or the birth or adoption of a child.
- During open enrollment, you can change your choices anytime by re-enrolling completely. The choices on file on November 15, 2013, at midnight, Pacific time, will be final.
- If your covered dependent becomes ineligible during the year (for example, due to divorce or when a child under age 23 is no longer a full-time student), notify Employee Benefits within 31 days



# Changes for the 2014 plan year consist of the following:

#### **2014 Rate**

We continue to take advantage of group purchasing arrangements with MidAmerican and with Berkshire Hathaway companies to procure cost-effective benefits programs. As a result of our purchasing arrangements and claims incurred by our employee and their dependents, premiums for dental and vision plan remain unchanged for 2014. We also have realized reductions and increases in age brackets on certain life insurance plans. For the medical plan, a 9% increase in the overall budget will be applied due to trend in the cost of providing health care.

When open enrollment begins, you can find details about the health plan options and see your paycheck contributions for a all the plans in the Health Plan Decision Toolkit at <a href="https://www.pacificorphealthtools.com">www.pacificorphealthtools.com</a> (and the company intranet)

# **Medical Plan Changes**

The changes described below become effective January 1, 2014

#### **Alternative Care**

If you are enrolled in a deductible or PPO plan (BCC Union only), the \$500 limit for "alternative care" (chiropractic, naturopathic, Christian Scientist and acupuncture) will no longer apply in 2014 due to a provision of the Affordable Care Act (health care reform). Instead, there will be an annual limit of 25 visits per type of care.

### \$400 Deductible Plan for Local 127 and Local 197 Only

If you are a employee represented by Local 127 or Local 197 currently in the \$300 deductible plan, based on your bargaining agreement move to the \$400 deductible plan. The following changes will take effective in 2014.

- You will automatically be enrolled in the \$400 Deductible plan for 2014, unless you elect the Definity CDHP with H.S.A.
- Your annual out-of-pocket maximum will increase to \$2000/single and \$4000/family.
- Your copay for a visit to network provider your copay is \$20 per visit and for a specialist \$30 per visit.

For prescription drug coverage will change as follows:

- Retail Non-formulary: You will pay the greater of \$40 or \$40 of the prescription cost.
- Mail-Order Formulary: You will pay a \$50 copay.
- Mail-Order Non-formulary: You will pay a \$100 coapy.
- Brand Name: Your prescription will be filled with the Generic equivalent. If it is not, you pay the generic plus the difference between the generic and brand name drug.



#### \$400, \$600 and PPO Plans (only BCC Union)

Coinsurance and copay amounts for physician visits, urgent care centers, and out-of-network preventive/well-adult care will apply to your annual out-of-pocket maximum (but not to your deductible)

#### **New Prescription Specialty Drug Step Therapy Program**

Non-bargaining medical plans have a new step therapy provision that applies to any new prescriptions for specialty/biotech medications. This includes Rheumatoid Arthritis, Multiple Sclerosis, HIV, Transplant medication and Hepatitis B.

# **Exclusive Provider Organization "EPO" and Preferred Provider Organization.**

These two plans will not be offered in 2014 unless noted later in this guide.

#### Moving to a Definity CDHP Plan? Change in Health Care FSA Deadline

If you elect to move into the CDHP plan you will have an H.S.A. next year instead of the Health Care FSA, you'll need to use the current funds in your Health Care FSA by December 31, 2013 to be eligible to receive the company contribution to your H.S.A in 2014. If you do not currently have an HSA, you will need to open one through Optum Bank by December 13, 2013 before PacifiCorp can deposit company or personal contributions.

### **FSA Grace Period will No longer Apply**

You'll need to use the funds in your 2013 Health Care FSA only for expenses incurred during this calendar year. You will not be able to use your 2013 funds to reimburse yourself for expenses you incur in the first quarter of 2014; the grace period no longer applies. This means that the money in your account as of December 31, 2013 can be used only to reimburse yourself for expenses you incurred on or before that date. You still have until March 15, 2014 to submit 2013 claims for reimbursed.

# Kaiser Permanente HMO Changes (available to Local 659 only who live in certain parts of Oregon and southwest Washington)

Refer to the Evidence of Coverage postcard that was mailed to your home, or log on to www.kp.org.

Note: All changes are due to health care reform.

### **UnitedHealthcare to Provide Disease Management Services**

With the transition of our disease management services from Alere to UnitedHalthcare (UHC), you will have several enhanced features and services. Help and support are available if you have any ongoing medical conditions such as, asthma, coronary artery disease, chronic obstructive pulmonary disease, diabetes, or congestive heart failure. The UnitedHealthcare disease management program can help you learn how to effective manage your condition and limit diseases progression. UHC can provide you guidance on what questions you should be asking your doctor.



Participants gain a better understanding of their condition, its implications, and risk factors, as well as how to maintain a healthy lifestyle, adhere to physician treatment plans and medications, and manage additional conditions.

#### Enhanced Cancer Support

UHC also offers enhanced caner support programs to help manage the cost associated with cancer treatment and promotes evidence-based care. A **cancer advocate nurse** provides on contact to help cancer patients make informed decisions about cancer care. Supported by a team of cancer experts, this dedicated nurse handles cancer case management for the patient and works to help the patient remain productive while focusing on getting health and staying healthy.

UHC's **Cancer Centers of Excellence** (COE) is a network of cancer centers across the country that provide high-quality, appropriate, and cost-effective care for cancer patients. These centers are reviewed annually to help ensure they continue to meet UHC's quality standards. They can provide:

- More consistently accurate diagnosis
- A multidisciplinary team of experts to provide and manage the patient's specific kind of cancer
- Appropriate therapy, fewer complications, and higher survival rates
- Shorter hospital stays and reduce costs.

#### **Enhanced Maternity Support**

UHC's maternity support offers the following so that patients can stay healthy during pregnancy and identify risk factors early to minimize complications.

- Dedicated materinity nurses provided assistance, guidance, answers, and education
- Pregnancy consultations by phone focus on wellness and screen for health risks.
- Support for special health care needs includes nurses experienced in high-risk pregnancies and preterm births who provide specialized support services throughout the pregnancy.
- Customized maternity education materials cover a wide range of topics, including nutrition, prenatal care, exercise, premature labor, and more.

Watch for more information about the UHC disease management program, available late December on UHC website at <a href="https://www.myuhc.com">www.myuhc.com</a>



# Medical

# **Compare Your Choices**

The medical plans available to you may include:

- Definity CDHP with Health Savings Account (HSA)
- Preferred Provider Organization (PPO) (BCC Union hire before 3/25/2011 only)
- Deductible plan
- Kaiser Health Maintenance Organization (HMO)—available to Local 659 employees living in certain parts of Oregon and southwest Washington only.

The plans available to you are based on your home ZIP code, your status (represented/nonrepresented), and your hire date. See Benefits Online! for the specific plans available in your area..

#### **Use These Tools to Do Some Comparison Shopping**

Before you enroll, visit the online Health Plan Decision Toolkit, available on the PacifiCorp intranet at HR Center > Your Benefits > Benefits Changes and Enrollment > 2014 Open Enrollment Materials > Health Plan Decision Toolkit or on the Internet at www.pacificorphealthtools.com. The toolkit features easy-to-use tools that can help minimize the dollars you spend on health care, while maximizing the value of the dollars you do spend.

- The Medical Expense Estimator will show your annual paycheck contributions and estimate your total annual out-of-pocket costs (including paycheck contributions) for each medical plan option you want to compare.
- The Health Plan Comparison Chart shows side-by-side comparisons of all the medical, dental, and vision plan options for which you are eligible.
- The HSA Contribution Estimator estimates how much you should contribute to your Health Savings Account (if you enroll in the CDHP with HSA medical plan), based on how you'd like to use the contributions to your account.
- The HSA Value Modeler lets you see how the pretax money that PacifiCorp and you save in the Health Savings Account (HSA) can grow at a faster rate than the same amount saved in a traditional savings account.
- The Health Care FSA Estimator makes it easy for you to see how much to set aside in the Health Care FSA—and how much you can save in federal income taxes, based on the amount you contribute.

You can also view how the dental plans compare, the vision plan's coverage, and life insurance coverage options and rates.



# Definity CDHP with Health Savings Account (HSA)

The Definity Consumer-Driven Health Plan (CDHP) with HSA is a two-part plan that combines a high-deductible medical and prescription drug plan with a tax-free Health Savings Account, which offers some distinct advantages for paying your share of medical and prescription drug expenses each year —while saving for your future health care needs.

# Part 1- High-Deductible Medical Plan With Prescription Drug Plan

The Definity CDHP provides a comprehensive high-deductible medical plan that covers the same expenses as your other medical plan choices. You must first meet your deductible before the plan pays medical and prescription drug benefits. Preventive care is covered at 100% and there is no deductible.

For all services other than preventive care, once you meet your deductible (using your HSA money and/or your own money), the plan pays a percentage of most of your medical expenses when you see a UnitedHealthcare (UHC) network provider. This includes doctor's office visits, hospitalization, surgery, emergency room care, urgent care, and X-ray and lab fees.

You can use the money in your HSA to pay all or a portion of your deductible and other out-of-pocket expenses. For more information, see "Part 2" in the next section.

If your expenses are high enough to reach the plan's out-of-pocket maximum, the plan pays 100% of any additional eligible in-network expenses for the remainder of the plan year. Out-of-network expenses are subject to reasonable and customary (R&C) limits. Charges above R&C do not apply to the annual deductible or out-of-pocket maximum. See the Health Plan Comparison Chart in the Health Plan Decision Toolkit at www.pacificorphealthtools.com or on the company intranet (HR Center > Your Benefits > Benefits Changes and Enrollment > 2014 Open Enrollment Materials > Health Plan Decision Toolkit) for details.



### Part 2- The Health Savings Account (H.S.A.)

The Health Savings Account is administered by OptumHealth Bank, an affiliate of UnitedHealthcare, and is an FDIC-insured financial institution focused solely on health care banking.

You must open an account with OptumHealth Bank. Once you do, you can make your own pretax contributions to your account and receive PacifiCorp's contribution.

Here's how the H.S.A. works:

#### **Your Contributions**

In 2014, you can contribute up to \$2,800 for individual coverage on a pretax\* basis (for a total of \$3,300, which includes PacifiCorp's contribution), and up to \$5,500 for family coverage (for a total of \$6,550, which includes PacifiCorp's contribution). If you are or will be age 55 or older in 2014, you can contribute up to an additional \$1,000 over and above these amounts.

Your contribution election doesn't carry over from year to year. If you want to contribute starting with your first pay period in 2014, you must enroll during open enrollment and indicate an annual HSA contribution amount. Your contributions are deducted from your paycheck in equal amounts throughout the year. You can also elect to make a one-time lump-sum contribution to your account. You can stop, start, or change your own contributions at any time by submitting an HSA Contribution Change form, available on the PacifiCorp intranet at HR Center > Your Benefits > Benefit Forms > Benefit Enrollment/Change Forms > Health Savings Account Payroll Contribution Election Form.

How much should I contribution? Use the HSA contribution estimator at www.pacificorphealthtools.com to get a recommended HSA contribution amount.

**Note**: If you're currently enrolled in the Definity CDHP (and you stay enrolled in the plan for 2014) and have already opened your H.S.A., you must re-elect your annual contribution amount for 2014.

\*Except for California, Alabama, and New Jersey, all states have conformed to the federal Internal Revenue Code for H.S.A. purposes. If you live in these states, employer and employee contributions will be included in state taxable wages.



### **PacifiCorp's Contributions**

Once you open your HSA, PacifiCorp will contribute \$500 for individual coverage or \$1,000 for family coverage. Once the money goes into your HSA, you own it and you decide how to use it. Even if you change jobs or retire, the money in your account is always yours. If you don't open your account during 2014, you will not receive PacifiCorp's contribution for that year.

#### Save More in the HSA

• The IRS has increased the limit on Health Savings Account (HSA) contributions for 2014. If you enroll in the Definity CDHP with HSA medical plan for 2014, you can make a total contribution (including your own and PacifiCorp's) of \$3,300 if you're covering yourself only, and \$6,550 if you're covering yourself and one or more family members. If you are age 55 or older, you can contribute an additional \$1,000 over and above these amounts.

	PacifiCorp Contributions and Wellness Dollars*		Personal Contributions Maximum (With and Without Wellness Dollars*)				Combined Contribution Maximum	
Coverage Category	PacifiCorp Annual Contribution	Wellness Dollars*— Earn Up to:	Under Age 55	With Full Wellness Dollars* (Under 55)	Age 55+	With Full Wellness Dollars* (55+)	Under Age 55	Age 55+
Represented Employees								
You Only	\$500	\$0	\$2,800	\$2,800	\$3,800	\$3,800	\$3,300	\$4,300
Family	\$1,000	\$0	\$5,550	\$5,550	\$6,550	\$6,550	\$6,550	\$7,550

<sup>\*\*</sup>Remember if you change your medical plan election to the Definity H.S.A. plan your health care spending account must have a zero balance on December 31, 2013.

### CDHP with HSA Medical Plan Participants: Re-Elect Your HSA Contribution

To contribute to your HSA effective with your first paycheck in 2014, you can enroll during open enrollment and indicate an annual HSA contribution amount. **Note: Your 2013 contribution election will not carry over to 2014.** You can also make or change your contribution election anytime during the year by submitting a Health Savings Account Payroll Election Contribution form, available on the PacifiCorp intranet. Your contributions will begin with the next payroll cycle after Employee Benefits receives your form. The amount you elect to contribute will be deducted evenly from each paycheck throughout the year.

Log on to www.optumhealthbank.com for more information about the HSA and for answers to frequently asked questions.



### **Using the HSA to Pay for Services**

Saving money on taxes and having the ability to grow your account over time are huge advantages of

the HSA. But what happens when you need to use money from your account to pay for medical care? That's when you'll notice another big advantage—convenience. When you want to use your HSA funds to pay eligible expenses, you have these options:

- Use the Health Savings Account MasterCard debit card that you'll receive when you open your HSA with OptumHealth Bank. Note: Your HSA debit card will allow you to purchase both eligible and ineligible over-the-counter medications and supplies, but ineligible items you buy using HSA funds are subject to income taxes and a tax penalty. If you use your debit card in error for ineligible items, contact OptumHealth Bank to repay the funds and avoid taxes and penalties.
- Use OptumHealth Bank's online bill payment feature at www.optumhealthbank.com to make payments from your HSA.
- Use checks directly linked to your savings account. Checks can be purchased from
  OptumHealth Bank when you enroll. Remember, the HSA works like a regular checking
  account, including overdraft fees if you write a check but don't have enough funds in your
  account.

#### **Rules and Restrictions**

The IRS imposes certain rules and restrictions on plans like the Definity CDHP, which you should be aware of.

- You cannot be covered as a dependent in another medical plan (such as through your spouse's employer) unless that plan also has a high deductible (\$1,250 or more).
- Neither you nor your spouse can participate in a Health Care Flexible Spending Account (FSA). If you are currently enrolled in a Health Care FSA, your balance must be \$0 on December 31, 2013.
- You cannot be claimed as a dependent on someone else's tax return.
- You cannot be covered by Medicare.
- Although you can cover dependents up to age 26 under the medical plan, your HSA can be used only to reimburse expenses incurred by dependents who qualify as dependents under IRS tax rules.
- The tax penalty for using HSA funds for non-health care expenses is 20%—in addition to regular income tax on any nonqualified withdrawals.



#### Debit Card Dos and Don'ts

#### Do use your debit card at the pharmacy

You can use your debit card to pay your coinsurance amount. The funds will automatically be deducted from your HSA.

#### Don't use your debit card at the doctor's, dentist's, or vision care provider's office

Unless required by your provider, **don't pay at the time of service**. When you use network providers, your provider will submit a claim to the carrier for payment. You'll then receive an Explanation of Benefits (EOB) statement from the carrier and a separate bill from your provider indicating the amount you owe. If you use a VSP doctor (vision), the amount you owe will be after VSP has paid its share of the cost of the covered service. If your provider accepts MasterCard, you can use your debit card to pay the amount you owe. Or, you can pay the bill using the OptumHealth Bank checks or online bill payment feature.

# Don't Miss Out on Free Money From PacifiCorp: Open Your HSA

#### **Current HSA Participants**

If you've already opened your HSA, you do not have to reopen it. However, if you want to make your own contributions to the HSA for 2014, you'll need to enroll and make a contribution election. Your election doesn't carry over from one year to the next.

#### First-Time HSA Participants

If you're enrolling in the CDHP with HSA for the first time, you must open a Health Savings Account with OptumHealth Bank by December 13, 2013, to get PacifiCorp's contributions and to make your own. This will ensure that you receive PacifiCorp's HSA contribution on January 1 so you can begin using the account right away. The HSA is a personal savings account (like a checking account). You own 100% of all contributions. Because it's a personal account, federal law requires that you provide the following information (which is protected by government privacy rules that apply to all banking institutions):

- Your Social Security number
- A valid email address
- Your OptumHealth Bank group number (PacifiCorp employees enter "713085"; Energy West employees enter "713085EW"; Bridger Coal Company employees enter "713085BC")
- Primary identification, such as a driver's license, passport, or government-issued ID

# Without this information, your account cannot be opened, and neither you nor PacifiCorp can contribute to it.

If you want to add an additional cardholder to your account, you will need to provide that individual's name, Social Security number, and date of birth. OptumHealth Bank randomly audits new accounts and may ask you to fax them a copy of your Social Security card, driver's license, and possibly a utility bill (if you have a P.O. box). Until OptumHealth Bank receives the requested information, your account will not be set up and you will not receive the company HSA contribution.



When you've gathered the necessary information, go to the PacifiCorp intranet and click **HR**Center > Your Benefits > Benefits Changes and Enrollment > OptumHealth Bank and follow the instructions specific to your group (PacifiCorp, Energy West, or Bridger Coal Company) to open your account. The process should take 10 minutes or less.

You will be asked which type of interest-bearing savings account you would like. One option provides a minimal rate of return and is offered at no cost to you. (PacifiCorp pays the monthly administrative fee.) The second option offers a higher rate of return in exchange for a \$5.00 monthly fee. (PacifiCorp pays \$3.00; you pay \$2.00.)

After you open your account, OptumHealth Bank will send you a welcome kit with information about your account. Your welcome kit will contain information about using your H.S.A. including:

- Your H.S.A. bank account number
- Instructions for setting up your online account and accessing your account by phone
- Frequently asked questions
- Legal disclosures

For security reason, your H.S.A. debit card and PIN will not be part of your welcome kit, and each will be mailed separately.

#### **Designating a Beneficiary**

When you set up an H.S.A, it is important that you choose a beneficiary to ensure that your H.S.A. money is immediately available to your beneficiary upon your death.

**Note**: If you're enrolling in the Definity CDHP for the first time, you need to open your Health Savings Account (HSA) with OptumHealth Bank by December 13, 2013. After enrollment, you should receive an email with a link to the OptumHealth Bank website, but you can also open your account by following the directions above.

#### **Investment Opportunities\***

Once the money in your H.S.A. reaches \$1,000, you can choose to set up a separate investment account to invest a portion of your savings in mutual funds, according to these guidelines:

- You must keep at least \$1,000 in your H.S.A. deposit account at the time of a transfer
- Funds must be invested in increments of \$100 or more
- You can make trades online or by phone
- You can see mutual funds investments available to you and view your investment account balances and transactions at www.optumbank.com
- A month investment fee may apply

<sup>\*</sup>Investments are not FDIC-insured, are not guaranteed by Optum Bank, and may lose value.



#### **Deductible Plan**

A traditional indemnity medical plan offers total flexibility for you to decide where you want to receive care. Once your initial deductible is paid, you pay a share of eligible expenses until you reach your annual out-of-pocket maximum. The plan then pays 100% of eligible expenses for the remainder of the plan year. You are responsible for charges above the reasonable and customary (R&C) amount. Charges above R&C do not apply to the deductible or out-of-pocket maximum. Local 197 and Local 127 move from a \$300 to \$400 deductible plan. Local 659; \$600 deductible option.

# Kaiser HMO (available in certain parts of Oregon and southwest Washington only)

A managed care approach to providing health care, with coverage provided only when you use Kaiser doctors, hospitals, and other facilities. You choose a primary care physician (PCP) who will coordinate all your routine care, including referrals to specialists as necessary. You pay a set copay for most services, and there are no deductibles. Preventive care from Kaiser providers is covered at 100%. If you're enrolling in Kaiser for the first time, call Employee Benefits at 1-800-455-6363 for an information packet and an enrollment application.

#### **Preferred Provider Organization**

#### (PPO) – Bridger Coal Company Union Only (Hired before 3/25/2011 only)

A managed care approach to providing health care, offering you flexibility to decide where you want to receive care each time you need it. If you use a provider in the PPO network, you will pay less because network providers charge a lower rate for their services. In-network preventive care is covered at 100%. Routine doctor's office visits (including specialists) will cost you only a copay. For most other services, you must meet a deductible before the plan pays benefits.

When you use non-network providers, your share of the cost will be higher. You will also have a higher deductible and be responsible for charges above the reasonable and customary amount.

### **Prescription Drug Plan**

Except for the Kaiser HMO, prescription drug coverage is provided through CVS Caremark. See the Health Plan Comparison Chart in the Health Plan Decision Toolkit at **www.pacificorphealthtools.com** or on the company intranet (HR Center > Your Benefits > Benefits Changes and Enrollment > 2014 Open Enrollment Materials> Health Plan Decision Toolkit) for coverage information, including prescription drug copay and coinsurance amounts under each of the medical plans. You can buy prescription drugs through a participating retail CVS Caremark pharmacy or through the CVS Caremark mail-order pharmacy. Kaiser provides prescription drugs through its pharmacies and mail-order services. Only drugs covered by the prescription drug administrator (CVS Caremark/Kaiser) are covered under the plan.

The CVS Caremark prescription drug plan includes a mandatory generic feature.\* If a generic equivalent exists, all prescriptions for brand-name drugs will automatically be filled with the brand-name drug's generic equivalent. You can choose to fill the prescription with the brand-name drug as prescribed, but you will pay the generic copay plus the cost difference between the generic drug and the brand-name drug.



The prescription drug plan does not offer coordination of benefits. If you have prescription drug coverage through another plan (such as through a spouse or domestic partner's medical plan) and that plan pays a portion of the cost of a prescription drug, you cannot submit the balance to the PacifiCorp plan for reimbursement.

\*Does not apply to employees represented by Local 127 or Local 197 who are enrolled in the Deductible plan.

#### **Money-Saving Tips**

Here are some tips for saving money on new prescriptions:

- Request generic drugs. Talk with your doctor about all the known side effects of the medication he or she is prescribing. And ask if a generic drug is available to treat your condition.
- Save money. Save time. Use the mail-order pharmacy. For maintenance medications you take regularly (such as for asthma or high blood pressure), use the mail-order pharmacy. You'll pay less for each 90-day supply, and your medication will be delivered right to your door. Mail-order forms are available at www.caremark.com.
- Take a test drive. When getting a prescription for a new maintenance medication, ask your doctor for one prescription for a 30-day supply and a separate prescription for a 90-day supply. Fill the prescription for the 30-day supply. If the medication is working as expected, send the prescription for the 90-day supply to the CVS Caremark mail-order pharmacy. Mail-order forms are available at www.caremark.com. Allow up to 14 days for the new prescription to be filled.

CVS Caremark also has a Specialty Prescription Drug Program designed to provide comprehensive medical needs for self-injectable medications.

For details about the medical plans, see the Health Plan Comparison Chart in the Health Plan Decision Toolkit at www.pacificorphealthtools.com (or on the company intranet at HR Center > Your Benefits > Benefits Changes and Enrollment > 2014 Open Enrollment Materials > Health Plan Decision Toolkit).

\*\*If you choose no medical coverage, you will receive a credit of \$75 in each paycheck as taxable pay.

#### **Changing Your Choices**

In general, after the open enrollment period ends, you cannot make a change to your coverage unless you have a qualified status change, such as you get married or divorced or you have a baby or adopt a child.

To make a change due to a qualified status change, notify Employee Benefits by submitting a Flexible Benefits Change form within 31 days of the date of the event. Coverage is effective on the first of the month following receipt of your form.



#### **Tobacco Cessation**

If you're ready to quit, the PacifiCorp health plans can help. Tobacco cessation services, such as doctor's office visits, are covered under the medical plans. Prescription drugs are covered under the prescription drug plan. Over-the-counter drugs, such as nicotine gum and patches, can be reimbursed (up to certain limits) through the prescription drug plan, the Health Care Flexible Spending Account, or the Health Savings Account if you have a doctor's prescription. All applicable medical and prescription drug plan deductibles and copays apply.

#### **Employee Assistance Program**

You and your covered family members are eligible for up to eight free, confidential counseling visits each year through our Employee Assistance Program (EAP). Services include:

- Life improvement
- Emotional well-being
- Alcohol and drug abuse/dependence
- Relationship difficulties
- Legal referrals Anxiety issues Grief and loss

#### **Live and Work Well**

Live and Work Well is a interactive website that provides access to benefits and tools to help enhance your work, health, and life. Visit www.liveand workwell.com and use PacifiCorp's access code 00767. Through the website you can:

- Check your benefit information
- Access information and resources related to hundreds of everyday work and life topics.

For confidential help, call United Behavioral Health at 1-800-788-5614.

#### **Flexible Spending Accounts (FSAs)**

The FSAs let you reduce your taxable income by contributing up to \$2,500 for health care expenses and up to \$5,000 for dependent care expenses. Your FSA contributions are then reimbursed to you for expenses you incur during the plan year. For the 2013 plan year, you can incur expenses until March 15 of 2014. The FSAs are "use it or lose it" plans, so carefully estimate your contributions. If you want to participate in an FSA, you must re-enroll and elect your contribution amounts every year.



#### There are two FSAs—the Health Care FSA and the Dependent Care FSA:

Health Care FSA Dependent Care FSA (Not available if you enroll in the Definity CDHP) Reduce your taxable income. Reduce your taxable income. Reimburse yourself for noncovered medical, dental, Reimburse yourself for care for your child, elderly, and vision expenses. or handicapped dependents so you (and your spouse, if you're married) can work. Eligible expenses include copays, deductibles, coinsurance percentages, and over-the-counter ■IRS-allowed dependent care expenses include medications with a doctor's prescription. summer day camp, before- and after-school care, day care, preschool, and elder/dependent care. ■ Use the Health Care FSA Estimator at www.pacificorphealthtools.com to estimate vour eligible expenses and see how much you can save.

#### Who Qualifies as an Eligible Dependent for the Dependent Care FSA?

- Children under age 13
- Children over age 13 who are physically or mentally unable to care for themselves
- A spouse or elderly parent residing in your home who is physically or mentally unable to care for himself or herself

#### Your Dependent's Health Care Expenses

Your dependent's health care expenses are eligible for reimbursement under the Health Care FSA. You cannot use the Dependent Care FSA for your dependent's health care expenses.

How much should you contribute?

Use the Health Care FSA Estimator at www.pacificorphealthtools.com to get a recommended Health Care FSA contribution amount.

**Remember,** if you enroll in the Definity CDHP, you cannot enroll in the Health Care FSA. And, your spouse must not participate in a Health Care FSA—even through a different employer.



# **Dental**

# PacifiCorp offers two dental plan options.

Both dental plan options are administered by MetLife.

- Option 1 covers orthodontics up to age 19 and has a higher annual maximum benefit.
- Option 2 does not cover orthodontics and has a lower annual maximum benefit.

MetLife has a national provider network. Network providers generally charge less for their services, which saves you money. The Preferred Dentist Program (PDP) Plus network is expanding, which gives you even greater access to quality care. Visit www.metlife.com

	Option 1	Option 2
Annual Deductible	\$50 for each covered person	\$50 for each covered person
Annual Benefit Maximum (excluding orthodontics)	\$1,500 per person	\$1,000 per person
Diagnostic and Preventive Benefits	100%* (deductible does not apply)	100%* (deductible does not apply)
Therapeutic and Restorative Services and Supplies (fillings, extractions, root canals)	80%* after deductible	80%* after deductible
Major and Prosthodontic Services and Supplies (crowns, inlays, onlays, dentures)	50%* after deductible	50%* after deductible
Oral Surgery	80%* after deductible (annual benefit maximum does not apply)	80%* after deductible (annual benefit maximum does not apply)
Temporomandibular Joint (TMJ) Treatment	Not covered	Not covered
Orthodontics	Up to age 19; 50%* after deductible; \$1,500-per-person lifetime benefit maximum	Not covered

\*Services performed by non-network providers are subject to reasonable and customary (R&C) charges.

For more information, call MetLife at 1-800-942-0854.



# Vision

## PacifiCorp offers vision care coverage through VSP.

<u> </u>				
Annual Deductible/ Annual Benefit Maximum	None			
Routine Eye Exam (once percalendar year)	VSP preferred provider: 100% after \$10 copay Non-VSP provider: Plan pays up to \$45 after \$10 copay Optional diabetic screening: Additional \$20 copay			
Diabetic Eyecare Plus Program (medical eye care related to type 1 and type 2 diabetes)	VSP preferred provider: 100% after \$20 copay Learn more about coverage at <b>www.vsp.com</b> or ask your VSP provider for details.			
Prescription Glasses (Frame and Lenses) (lenses once per calendar year, frame every other calendar year)	VSP preferred provider: After \$25 copay:  Frame of your choice covered up to \$130 once every two years, plus 20% off any out-of-pocket costs after \$25 copay (applies to lenses and a frame)  Single vision, lined bifocal, and lined trifocal lenses, as well as polycarbonate lenses for dependent children, are covered in full			
	Non-VSP provider: After \$25 copay, plan pays:  Frame: \$47  Single vision: \$45  Lined bifocal: \$65  Lined trifocal: \$85			
Contacts (once per calendar year in lieu of frame and lenses)	VSP preferred provider: Plan pays up to \$155 and provides a 15% discount off the cost of contact lens exams (fitting and evaluation)  Non-VSP provider: Plan pays up to \$155  Learn more from your provider or visit www.vsp.com.			

### Extra Discounts and Savings

When visiting a VSP preferred provider, you'll receive:

- Average 35%–40% savings on all noncovered lens options, such as progressives and scratch-resistant and antireflective coatings. You pay only the added cost of these optional enhancements.
- The plan covers the cost for basic lenses (as described above).
- 30% off additional glasses and sunglasses, including lens options, purchased from the same VSP provider who provided your eye exam, if ordered on the same day as your eye exam. Or, get 20% off prescription glasses and sunglasses from any VSP provider, if ordered within 12 months of your last eye exam.
- Guaranteed pricing on retinal screening as an enhancement to your well-vision exam.
- Laser vision correction discounts. At discounted facilities, get an average of 15% off the regular price or 5% off the promotional price. After surgery, use your frame allowance (if eligible) for sunglasses from any VSP provider.

For more information, go to www.vsp.com or call VSP at 1-800-877-7195.



# life and Accident Insurance

Insurance Pla	ans	Your Monthly per \$1,000 o			
Employee Life Insurance	At no cost to you, you receive basic employee life insurance coverage equal to one times your annual base pay, rounded up to the next highest \$1,000. The maximum coverage amount under this benefit is \$750,000. This is a term life policy and has no cash value.				
Supplemental Employee Life Insurance	You can purchase supplemental employee life insurance of one to five times your annual base pay. The cost of this coverage is based on your age. If you are enrolling for the first time, or if you increase your coverage amount by more than one times your annual base pay, evidence of insurability is required.*	Age-Based Rates  (30 \$0.068 30-34 \$0.091 35-39 \$0.102 40-44 \$0.114 45-49 \$0.171	50-54 \$0.262 55-59 \$0.489 60-64 \$0.751 65-69 \$1.445 70-80 \$2.344		
Spouse Life Insurance	You can purchase spouse life insurance of \$10,000, one times your annual base pay, or two times your annual base pay. If you select more than \$10,000 of coverage, or if you increase this coverage by more than \$10,000, evidence of insurability is required.*  The cost of this coverage is based on your spouse's age.	Age-Based Rates  (30 \$0.05 30-34 \$0.07 35-39 \$0.08 40-44 \$0.09 45-49 \$0.13	50-54 \$0.20 55-59 \$0.37 60-64 \$0.57 65-69 \$1.09 70-80 \$1.77		
Child Life Insurance	If you purchase coverage, each dependent child up to age 19 (age 23 if a full-time student or on a church mission) is covered by a \$10,000 policy.	\$0.80 (for \$10,000 of coverage)			
Accidental Death and Dismemberment (AD&D) Insurance	If you or your spouse dies due to an accident, your AD&D policy will pay a benefit in addition to your employee or spouse life insurance. If you or your spouse loses a limb due to an accident, certain dismemberment benefits are covered under this policy, and you will receive a benefit.  You can purchase coverage for your spouse of \$10,000, one times your annual base pay, or two times your annual base pay.	\$0.02			
Business Travel Accident (BTA) Insurance	ccident (BTA) insurance. If you die due to an accident while traveling on company		None		

<sup>\*</sup>After open enrollment ends, Minnesota Life will send you the evidence of insurability form. You must complete the form and return it directly to Minnesota Life. When your coverage is approved, Minnesota Life will notify PacifiCorp, and PacifiCorp will change your benefit records.

#### **Excess Life Insurance**

If your employee basic and supplemental life insurance coverage is greater than \$50,000, you will pay tax on the value of the coverage over \$50,000. This is known as imputed income. You will see this taxable income on your paycheck stubs.

Have you designated a beneficiary for all your insurance benefits?

You can designate beneficiaries by submitting beneficiary designation forms, available on the PacifiCorp intranet at HR Center > Your Benefits > Benefit Forms > Beneficiary Forms.

Have you designated a beneficiary for all your insurance benefits?

You can designate beneficiaries by submitting beneficiary designation forms, available on the PacifiCorp intranet at HR Center > Your Benefits > Benefit Forms > Beneficiary Forms.



# **Eligible Dependents**

You can enroll your spouse/same-sex domestic partner and children under age 19 in the same medical, dental, and vision options you choose for yourself. You can also enroll these dependents in optional spouse life and AD&D insurance and child life insurance. Coverage available to children over age 19 varies, depending on age and full-time student status, as shown in the chart below.

Your eligible dependents include:

- Your spouse or same-sex domestic partner
- Your biological and legally adopted children, your foster children, your stepchildren, and your grandchildren for whom you may have legal custody.

Age/Student Status	Eligible for Coverage Under These Plans
Children under age 19. No requirement to be a full-time student.	Medical, dental, and vision plans and dependent life insurance
Adult children at least age 19 but under age 23 who are full-time students at an accredited school (or on a medically necessary leave of absence from full-time student status) or on a church mission.	Medical, dental, and vision plans and dependent life insurance
Adult children who are at least age 19 to age 23 who are <b>not</b> full-time students or on a church mission, and adult children age 23 to age 26.	Medical plan only
Adult children who are at least age 23 but under age 26 who are full-time students.	Medical plan only

If a covered dependent becomes ineligible during the year (for example, you get divorced, legally separated, or your child under age 23 is no longer a full-time student), you must notify Employee Benefits within 31 days. If you do not notify Employee Benefits within 31 days, federal law requires that your pretax contributions for that coverage continue until the end of the plan year. However, your dependent will not have coverage.

Enrolling people who aren't eligible makes coverage more expensive for everyone. Random audits will be conducted each year to verify the eligibility of enrolled dependents, and you may be asked to provide verification of your dependent's eligibility. If the requested documentation is not provided, your dependent will be dropped from coverage. Claims for ineligible dependents will not be paid.

#### Adding a New Dependent to Your Coverage

- To add a spouse for the first time, you will need to provide a copy of your marriage certificate and the front page of your most recent tax return.
- To add a dependent child age 19 to 23, you will need to provide a copy of his or her birth certificate and verification of full-time student status (to enroll your dependent in coverage other than medical).



To add these dependents for the first time, enroll online during open enrollment and submit required documentation to Employee Benefits within 31 days. You will need to enter a birth date and Social Security number for each dependent you enroll. Add your new dependents before making your own elections. For a complete list of acceptable documentation and instructions for submitting your documentation, go to HR Center > Your Benefits > Benefits Changes and Enrollment > Dependent Verification.

 To add adult children ages 19 to 23 who are not full-time students, or to enroll children ages 23 to 26, enroll on Benefits Online! and mail a copy of your dependent's birth certificate to Employee Benefits. Your dependent's enrollment will be placed in pending status and he or she will not be covered until Employee Benefits receives your documentation.

If you are currently covering a dependent age 19–23 who is a student, you do not need to re-enroll him or her. However, if your covered dependent is no longer a student, go to Benefits Online! and un-flag the student status on his or her record. Click through all the plans and then click Finish.



# Frequently Asked Questions

#### Will I get a credit if I don't enroll in a medical, dental, or vision plan?

• If you don't enroll in medical coverage, you will receive a \$75 credit in each paycheck as taxable pay. If you don't enroll in a dental plan, you will receive a \$2.50 credit in each paycheck as taxable pay. There is no credit if you choose no vision coverage.

#### Can I enroll from home?

 No. Our Benefits Online! enrollment system is available only through the PacifiCorp intranet. You can, however, access the online Health Plan Decision Toolkit through the Internet at www.pacificorphealthtools.com.

#### How can I find a provider in my plan's network?

- UHC provider: <u>www.myuhc.com</u>
- UHC Premium doctor: www.mychoicenotchance.com
- Kaiser provider: www.kp.org

#### What happens if I want to change my coverage after I enroll?

 During open enrollment, you can change your choices at any time by re-enrolling completely. The choices on file on November 15, 2013, at midnight, Pacific time, will be final. After open enrollment, you can add or drop dependents only if you have a qualified status change, such as you get married or have a baby.

#### Can I enroll my 24-year-old, full-time student in the same coverage I enroll in?

 No. Adult children ages 23 to 26 are eligible only for medical coverage, regardless of their student or missionary status.

#### I enrolled in the CDHP, but I don't have any money in my HSA.

PacifiCorp's HSA contribution will be made approximately on January 1, 2014. However, you get PacifiCorp's HSA contribution only after you open your account with OptumHealth Bank. Until you open your account, you will be responsible for paying the entire deductible amount and any other expenses out of your own pocket. Once you open your account, you can request reimbursement from OptumHealth Bank. (See page 10 for information about opening your account.) If you have already opened an account but have questions about your balance, call OptumHealth Bank at 1-800-791-9361.

**Note:** PacifiCorp makes HSA contributions only for the current plan year. For example, if you enrolled in the CDHP for 2013 but you didn't open an HSA, you didn't receive an HSA contribution from PacifiCorp. If you enroll in the CDHP again for 2014 and you then open an HSA, you will receive the PacifiCorp contribution for 2014 only. You will not receive a retroactive contribution for 2013.



# I tried to use my HSA debit card to pay an eligible expense, but the charge was declined. Why?

 Once you've confirmed that the purchase is for an eligible expense, confirm that you have enough funds in your account to cover the expense. Just like a regular checking or savings account, if there are not enough funds in your account to cover a purchase, it will be declined.

For a list of eligible expenses and to check your account balance, go to www.optumhealthbank.com.

#### Will UnitedHealthcare submit my claims directly to my HSA for reimbursement?

No. You are responsible for reimbursing yourself for expenses.

#### I'm enrolled in the CDHP. Do I have to make a new HSA contribution election for 2014?

• Yes. You must enroll and make a new HSA contribution election if you want to contribute to the HSA next year.

#### Where can I learn more about the HSA?

 For more details about the rules governing the HSA, you can download IRS Publication 969 at www.irs.gov.

Log on to www.optumhealthbank.com for more information about the HSA and for answers to frequently asked questions.



# **Required Notices**

# Health Insurance Portability and Accountability Act of 1996 (HIPAA)

PacifiCorp medical plans are required by the Health Insurance Portability and Accountability Act of 1996 (HIPAA) Privacy Rule to maintain the privacy of your health information. The Notice of Privacy Practices for PacifiCorp Medical Plans is available in your Summary Plan Description. In addition, you can request a copy of the notice by calling Employee Benefits at 1-800-455-6363. Be assured that PacifiCorp fully complies with this requirement.

You can access a current copy of the HIPAA notice on the company intranet at HR Center > Your Benefits > HIPAA Privacy Act tab. You can also find it at http://idoc.pacificorp.us/your\_benefits/hpa.html.

Changes for this year include:

- The Plan is prohibited from using or disclosing PHI which is genetic information for underwriting purposes.
- The Plan is required by law to maintain the privacy of your PHI, to provide you with notice of its legal duties and privacy with respect to PHI, and to notify you following a breach of unsecured PHI.
- Receipt of a written authorization from you is a pre-condition for most uses and disclosures of psychotherapy notes (when these notes are maintained by the health plan), uses and disclosures of PHI for marketing purposes and disclosures that constitute the sale of PHI.
- You have the right to request that your PHI not be disclosed to the Plan if the disclosure is for the purpose of carrying out payment or health care operations, is not required by law, and you have paid the provider in full. This request may not be denied.

**Note:** Because this reminder is required by law, you may receive separate reminders from other providers describing the availability of their HIPAA notice of privacy practices and how to obtain a copy.

#### Government Notice

Federal law requires the following annual notice:
Health plans must cover breast reconstruction after a mastectomy. Coverage will be available in a manner determined in consultation between patient and physician for reconstruction of the breast on which the mastectomy was performed; for surgery and reconstruction of the other breast to produce a symmetrical appearance; and for prostheses and physical complications for all stages of mastectomy, including lymphedema. Such coverage is subject to all terms of the plan, including relevant deductibles and coinsurance provisions.

#### Summary Health Information

The health benefits available to you as an employee represent a significant component of your compensation package. They also provide important protection for you and your family in the case of illness or injury. Your plan offers a series of health coverage options. Choosing a health coverage option is an important decision. To help you make an informed choice, your plan makes available a Summary of Benefits and Coverage (SBC), which summarizes important information about any health coverage option in a standard format to help you compare across options.

The SBC will be available on the intranet beginning November 4 at HR Center > Your Benefits > Benefits Changes and Enrollment > 2014 Open Enrollment Materials. A paper copy is also available, free of charge, by calling PacifiCorp Employee Benefits at 1-800-455-6363.

#### Summary Plan Description (SPD)

You also have access to the 2013 SPDs on the company intranet at HR Center > Your Benefits > Summary Plan Descriptions.



### Your Benefits Contacts

If you have questions, the following resources can help answer them. For questions about covered benefits or claims, to find a provider, or to request a new ID card, your first stop should be the carriers. For questions about eligibility, or if you have trouble resolving an issue with a carrier, call Employee Benefits.

#### Medical

#### UnitedHealthcare (UHC)-

find a provider, claims status 1-800-355-2892 www.uhc.com www.myuhc.com (if currently enrolled)

#### Kaiser Permanente

503-813-2000 (in Portland) 1-800-813-2000 (outside Portland) www.kp.org

#### **Prescription Drugs**

#### Caremark, Inc.

1-800-386-0324 www.caremark.com

#### Dental

#### MetLife

1-800-942-0854 www.metlife.com/mybenefits

#### Vision

#### VSP

1-800-877-7195 www.vsp.com

#### Health Savings Account (HSA)

#### **Optum Bank**

1-800-791-9361 www.optumbank.com

#### Flexible Spending Accounts

#### UnitedHealthcare (UHC)

1-800-355-2892 www.myuhc.com

#### Optum NurseLine

1-888-638-0191 (code 143 for health topic library)

#### Disease Management

1-888-638-0191 (available late December)

#### EAP, Working Solutions, and Managed Mental Health (UHC plans)

#### United Behavioral Health (UBH)

1-800-788-5614 www.liveandworkwell.com (access code 00767)

#### Property and Casualty Insurance

#### MetPay

1-800-438-6388 www.metlife.com/metpay

#### Long-Term Care Insurance

#### John Hancock

1-800-554-9969 http://pacificorp.jhancock.com User name: pacificorp Password: mybenefit

#### K Plus

#### J.P. Morgan

1-800-345-2345 www.retireonline.com

#### PacifiCorp Employee Benefits

1-800-455-6363

Benefits.Services@PacifiCorp.com

